



Crows Nest State School

NEWSLETTER

Tel: (07) 4698 3111 / Fax: (07) 4698 3100

Web: www.crownestss.eq.edu.au / Email: admin@crownestss.eq.edu.au

Edition 27

18/08/09

Principal: Scott Edmunds
Deputy Principal: Kaarin Grinstead
Head of Department: Justin Kummerow
Head of Curriculum: Claire Thicthener
Head of Special Education: Louise Leggett
Business Services Manager:

P&C Email: pandc@crownestss.eq.edu.au

Student Absences Email:
admin@crownestss.eq.edu.au

Office Hours: 8:00am - 4:00pm

Principal's Message

This flu season

This winter, H1N1 influenza 09 (human swine influenza), along with other influenza viruses is circulating in the community. Generally, the virus produces a mild disease in most, severe disease in some, and is a moderate illness overall.

Many more people are likely to be affected by influenza-like illness this year than in recent flu seasons, because the community will have not have immunity to the H1N1 influenza 09 virus.

The best way to stop the spread of influenza, and to protect people who may be more vulnerable to severe outcomes if they contract the virus, is to keep sick children home and encourage good hygiene.

What are the symptoms of Human Swine Influenza?

They are similar to those of seasonal influenza - fever (greater than 38°C or a good history of fever) plus cough and/or sore throat. Other symptoms can include fatigue, myalgia, headache, body aches or chills.

What are the vulnerable groups?

Those most at risk of serious illness as a result of Human Swine Influenza include people with chronic diseases such as respiratory disease (including asthma), heart disease, diabetes, renal and liver disease, morbid obesity and immunosuppression. Pregnant women and Aboriginal and Torres Strait Islander people are also at higher risk from this infection.

What should I do if my child develops flu like symptoms?

- Keep your child at home and limit contact with others until your child is well. Your child may return to school and other activities when they are completely well, or when at least 24 hours have passed since their fever has resolved, whichever is the longer.
- Mild flu like symptoms in those at low risk generally can be treated at home with simple measures including fluids, rest and paracetamol to reduce fevers.

- Seek medical advice or contact 13 HEALTH (13 43 25 84) if symptoms are not relieved or worsen.
- Seek medical advice if your child is in a vulnerable group or has other underlying medical conditions. Antiviral treatment may be indicated and should be commenced as early as practicable and within the first 48 hours of illness.
- If your child's illness is moderate or severe, treatment is likely to be indicated and your child should be seen by a doctor.
- Please call ahead if seeing a doctor, advising of your child's symptoms.
- Ensure your child and those around them practice good hand hygiene, cover their nose and mouth when they cough and sneeze, and dispose of tissues promptly.
- Restrict close contact (within one metre) with others as much as possible, especially with any family members who are in a vulnerable group. If your child is in a vulnerable group, or their illness is moderate or severe, antiviral medications such as oseltamivir (Tamiflu) or zanamivir (Relenza) may be prescribed by your doctor.

What is the best way to protect myself or my children from Human Swine Influenza?

The best way to protect yourself and others is to:

- stay home when you are sick
- wash your hands frequently with soap and water or use an alcohol-based hand gel
- wash your hands prior to touching your eyes, nose and mouth
- when coughing or sneezing, cover your mouth and nose with disposable tissues which should be disposed of immediately
- do not share items such as cigarettes, glasses or cups, lipstick, toys or anything which could be contaminated with respiratory secretions
- maintain at least a one metre distance from people who have flu-like symptoms such as coughing or sneezing



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To prevent the spreading of the flu and illness in our school, please keep your child home if they are displaying flu like symptoms. The school will also call parents to collect your child if we believe they are too sick to be at school.

School Opinion Survey

Each year, the Department of Education and Training undertakes a survey of parents and students to gauge their satisfaction with important aspects of schooling. Forty families have been randomly selected to participate in this survey.

Later in the year, the school will receive a report outlining the results of the survey for our school. The results will help the school to evaluate and to reflect on how well the school is going, and to identify areas for future development. The survey results are also an important part of the school's annual report.

Responses are completely confidential. The confidentiality envelope will remain sealed and forwarded to an external contractor where your responses will be scanned and the school's data forwarded to the central office of the department for analysis.

I ask that completed questionnaires in the envelope provided are returned to the school by **Wednesday, 26 August 2009**. If you have any questions or concerns about the survey, please contact me at the school on phone number 4698 3111.

Student/Family Details

Last week every student in our school brought home a Student Checklist. In the last couple of weeks we have needed to contact some families and have noted that some details that we hold are not correct.

This checklist contains all of the information that we have at school about your child. It is important that you check this information, make corrections where necessary and return it to the school office. We ask that even if you do not need to make changes that you still return this checklist to the school.

We would like to thank all the families who have returned their amended forms to the school, however, there are still over 120 forms yet to be returned.

School Newsletter 2010

We are looking into publishing our school newsletter as an electronic edition only from next year and making it available to families and the community on our school website and via email.

By doing this we will save money on paper and printing costs and also reduce the amount of paper used by the school therefore helping our environment. If you would like to provide feedback on this idea, please do so via our school email address. We are interested in your opinions.

Thought for the Week

He who has begun the task has half done it.
Horace

Regards,

Scott Edmunds
Principal

Student of the Week/Academic Award

Congratulations to the Week 6 recipients.

Student of the Week

1C Jackson Castle - completing Premier's Reading Challenge Form

Tyson Simpson - completing all Year 1 wordlists

Tammekka Brown - being a very helpful class member and working hard in class

2C Gage Meehan - completing Premier's Reading challenge

3C Pharyn Ellison - for being a very helpful class member

5/6S Maddy Falcon-Green - always being friendly, kind and positive

6/7C Russell Smith, Jayden Borgstahl - initiative with Landcare activities

Hannah Simpson, Kristina McGreevy, Emily

Ripps - achieving 100% on the Factathon

Erin Speekenbrink, Rebecca Pronard - hard work and a positive attitude to learning

6/7N Maddyson Pukallus - for being a top worker in math

Zoe Nothdurft - for trying her best in all areas

Ben Reinke - for always being a quiet and

consistent worker

Emma Baker - for always being a helpful and courteous student

Maizie Adams - for a quiet and consistent effort in class



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P&C News

Hope to see some new faces at the P&C meeting tonight, 7.30pm in the admin building at school. Don't forget the Trail Bike Ride is creeping up on us and we will be sending out volunteer info sheets soon, So mark the 7th & 8th November on your calendars.

Justin Simpson
President

TOOWOOMBA STATE HIGH SCHOOL
YEAR 10 TRANSITION PROGRAM

LEARNING TOGETHER

“Senior Information Evening”

TOPICS COVERED: *School-based Apprenticeships & Traineeships*

Year 11 subject information including:

- 1) Expectations of students in Year 11 & 12*
- 2) The Queensland Certificate of Education*
- 3) Overview of Year 11 subjects available in 2010*
- 4) What is involved with the subject selection process*
- 5) Opportunity to talk directly with Heads of Department & Teachers regarding possible subject choices for 2010*
- 6) Support services available for students*

SESSION TIMES: *School-based Apprenticeships & Traineeships: 5.30 – 6.30pm*

Subject selection information: 6.30 – 8.30pm

PRESENTED BY: *School Principal, Heads of Department & Teachers*

WHO FOR: *Year 10 students & Parents/Guardians*

WHEN: *Wednesday, 19 August*

WHERE: *Multi-Purpose Centre, Mt Lofty Campus*

For additional information, please contact your relevant campus office

Wilsonton Campus

Mt Lofty Campus

46 390 444

46 371 371



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Clearing Sale Trash & Treasure

When: 10 September

Where: Mrs Reushle's class

Everything must Go

Library Notice.

"Children's Book Week 2009."

(Saturday 22-Friday 28, August 2009.)

The theme for 2009 is... "**Book Safari.**"



Library Fundraiser!!!

Book Fair during "Children's Book Week."

A Book Fair will be held in Area A of the school library from: **Monday 24 - Thursday 27 August.**

Monday to Wednesday: 8:30am to 3:30pm

Thursday: 8:30am to 2:40pm

Monday 24 August Children's Book Week Costume Parade!!!

All students from P to 10 are encouraged to dress up as a "**Safari Explorer**" or a "**Safari Animal**" e.g. a lion or **as their favourite book character** on Monday 24 August with a parade of costumes during the school assembly that morning.

There will be prizes for the best costumes!!!

A display of the "Children's Book Week 2009" shortlist books will be on display in the library for the rest of this term. The winning books will be announced on Saturday 22 August.



Free Dress Day

On Friday the 28 August the student council will be holding a Free Dress Day for the whole school (Prep – 10)

It will be a gold coin donation. The money that we raise will go towards a sausage sizzle that will be held later this term. Hope you all participate.

Student Council

Local Ambulance Committee

Shopping Trip

Departs Pool 6am, Saturday 22 August.

Cost is \$30

Please contact Kay Gossow for more information 46981291

Tuckshop News

Workers are still required, if you could spare some time every few weeks it would be greatly appreciated.

Tuckshop Group1 19 August

Workers

Karran Simpson

Georgie Edser

Donna Battams

Carolyn Asher

Suppliers

Patty Cakes- Kerri Emmert

Slice- Gillian Nielsen



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