



# Crows Nest State School

## ***NEWSLETTER***

Tel: (07) 4698 3111 / Fax: (07) 4698 3100

Web: [www.crownestss.eq.edu.au](http://www.crownestss.eq.edu.au) / Email: [admin@crownestss.eq.edu.au](mailto:admin@crownestss.eq.edu.au)

*Edition 20*

*16/06/09*

*Principal:* Scott Edmunds  
*Deputy Principal:* Kaarin Grinstead  
*Head of Department:* Justin Kummerow  
*Head of Curriculum:* Claire Thicthener  
*Head of Special Education:* Louise Leggett  
*Business Services Manager:*

*P&C Email:* [pandc@crownestss.eq.edu.au](mailto:pandc@crownestss.eq.edu.au)

*Student Absences Email:*  
[admin@crownestss.eq.edu.au](mailto:admin@crownestss.eq.edu.au)

*Office Hours:* 8:00am - 4:00pm

### **Principal's Message** **Bullying - NO WAY!**

It doesn't matter whether it's physical, psychological or even cyber. Bullying is a concern that our school takes very seriously and is working to address.

If you suspect your child is being bullied, you should make an appointment with the teacher or school principal to discuss your concerns.

Some signs of bullying include:

- Loss of confidence
- Changes in eating or sleeping habits, possibly bedwetting
- Health problems such as headaches or stomach aches
- Unhappiness or mood swings with sudden temper tantrums
- Reluctance to go to school and changes in academic performance.

What you can do:

- Talk with your child about school and keep the lines of communication open so children are more likely to confide in you.
- Encourage your child to feel okay to ask others for help and to keep their own safety in mind.
- Ensure your child knows how to report bullying and to ask you for help when needed.
- Report the incident to a teacher. Don't try to sort out the situation yourself.
- Make sure you are modelling healthy behaviours to your child, especially in relation to conflict resolution and anger management.
- Help protect your child from harassment and cyber-bullying by closely monitoring internet use and installing free internet filters.

For more information and ideas to understand and deal with bullying, visit the *Bullying. No way!* website [www.bullyingnoway.com.au](http://www.bullyingnoway.com.au).

**At Crows Nest State School** we have introduced the "High Five" approach to give our students strategies in dealing with bullying. This "High Five" lets students use five simple strategies to stop bullying. These strategies are:

1. Talk Friendly
2. Talk Firmly
3. Ignore
4. Walk Away
5. Report

At assembly on Monday the students were again reminded of these strategies and this week we emphasised point Number 5 - REPORT.

Today students were reminded that REPORTING is not 'dobbing'. It is a way to protect not only themselves but also other students who may be being bullied. We do not tolerate bullying at our school and will always address the issue.

As Principal it is disappointing that sometimes the first time we hear of bullying is when parents approach us and think that nothing is being done about it. However, if we are made aware of instances of bullying we will deal with it immediately.

Please take the time, as identified above, to talk with your child about bullying, the "High Five" and what it means to them and that if they are being bullied, to report it to their teacher or a member of the admin team so that it can be dealt with immediately.

### **Premier challenges students to discover books**

A reminder that Crows Nest State School Prep to Year 7 students have until the 21 of August 2009 to 'experience' or to read 20 books as part of the Premier's Reading Challenge.

If your child has misplaced their Reading Log or you are new enrolment to our school, a New Reading Log can be obtained from your classroom teacher or myself. Your support with this initiative is much



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appreciated as we attempt to have 100% of our primary students achieve the 20 books.

It is pleasing to see that the following students have already achieved their target number of books and have returned their Reading Logs to their class teacher.

Year 3

Shobelle Root

Lauren Gotz

Well done girls!

### **H1N1 Influenza A (Human Swine Influenza)**

Recently you would have received a letter from our school advising of the seven-day time out period from school for students returning from countries of concern that are affected by H1N1 Influenza A (Human Swine Influenza) and what will happen in the event of a school closure.

This seven-day timeout for school students has also recently been extended to children attending Queensland's early childhood education and care services.

Yesterday there was confirmation that a St Mary's College Toowoomba school would be closing for the remainder of the week after a confirmed case of N1H1 Influenza.

Our school will continue to follow Education Queensland guidelines about this virus, however we need your support as well. If your child is absent from school for any reason, please let the office or your class teacher know. Please make certain that all your contact details held by the school are up to date so that we can contact you easily.

Any important information will be relayed to families via letters home, updates to our school website or on the school noticeboard at the Police Station.

Good hygiene practice, including coughing or sneezing into tissues, disposing of used tissues and washing your hands with liquid soap or alcohol-based gel, can help reduce the spread of influenza and other common respiratory infections.

For the latest information about Human Swine Influenza, visit the Queensland Health Swine Flu website at [www.health.qld.gov.au/swineflu](http://www.health.qld.gov.au/swineflu)

### **School Athletics Carnival**

Our School Athletics carnival will be held this Friday and more information will be included in this

newsletter. I wish to advise families that for your convenience, the adult toilet in the Music Block will be available throughout the day. You will be able to access the building through the sliding door closet to the oval.

### **Thought for the Week**

If you can imagine it, you can achieve it. If you can dream it, you can become it.

*William Arthur Ward*

Regards,

Scott Edmunds  
Principal

### **Being Cybersmart - Mobile Phones**

1. STAY INVOLVED with your child's use of new technology. Ask them to show you how to use it or borrow it and familiarise yourself with it.
2. FIND OUT how access to 'adult' content and other services to your child's mobile phone is managed. (This information is usually available on carrier's website.)
3. TALK to your children about their experiences - good and bad. Let them know its okay to tell you if something worries them.
4. TEACH your children that there are ways they can deal with disturbing material. They shouldn't respond if sent something inappropriate and should immediately leave or hang up if they feel uncomfortable or vulnerable.

If you require more information please phone the school on Friday morning and talk to Nurse Debbie or go to [www.cybersmartkids.com.au](http://www.cybersmartkids.com.au)

Debbie  
School Health Nurse

### **Gifted and Talented Education**

Gifted and Talented Education has been the topic of several professional conversations amongst staff at Crow's Nest SS this term. As a staff, we have debated the definition of the term 'Gifted and Talented' and identified suitable tools to apply when considering student achievement of 'Gifted and Talented' status. As a result we determine that the term 'Learning



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Enrichment' is a more suitable label to use when considering our very able learners. This term allows us to apply extensions across a broader group of learners than might be applied in a strictly 'Gifted and Talented' sense. It also means that our 'Gifted and Talented' students are identified earlier if enrichment activities are firmly embedded in all learning programs.

### A round up of Learning Enrichment programs at Crow's Nest SS for Semester 1:

- Across all classes Learning Enrichment activities are being applied to teaching programs to encourage higher order, critical and creative thinking. These include the use of De Bono's 6 Thinking Hats and Gardiner's Multiple Intelligences. Our Semester 2 Learning Enrichment work will take a deeper view of thinking strategies across the curriculum.
- Reader's Cup – congratulations to our Primary group who achieved 2<sup>nd</sup> and our Secondary group who achieved 3<sup>rd</sup> in the recent Readers Cup competition.
- 8 Secondary Students selected to attend the Regional Expanding Horizons Secondary Extension Camp to be held at the RNA Showgrounds, 21<sup>st</sup> to 26<sup>th</sup> June. Crow's Nest SS will be sending the largest number of delegates.
- We have many nominations for the Regional Expanding Horizons Primary Extension Camp to be held locally from the 15<sup>th</sup> to 17<sup>th</sup> July. Submissions are not yet finalised.
- Primary students have formed a 'Thinkers Club' with the goal of developing a school song. The nominated students are working with our music teacher, Mrs Utz on this topic.
- Wakakirri preparations are well underway for another great performance by Crow's Nest students.

### Readers Cup Success!

Last Thursday, 11 June our Primary and Secondary Reader's Cup teams completed in Toowoomba against a variety of other State and Private Schools.

The Primary team consisting of Samuel Emmert, Lily Goddard, Hannah Simpson and Tabitha Tindall with Reserves Sarah Wiemers and Monique Edser. We

were one of seventeen schools who participated and we came 2<sup>nd</sup> with a total score of 61.5!

Fairholme College pipped us at the post with a final score of 64. A wonderful effort by the team – congratulations!

The Secondary team with members Danikka Freeman, Karen Berry, Giovana Legge and Ellie Gersokowski came in 3<sup>rd</sup>! The Reserves were Rebecca Tompkins and Dane Borgsthal. Well done to all involved and thank you to the student's parents for their support in this endeavour.

### Athletic Carnival

The 2009 Inter House School Athletics Carnival will be held this **Friday 19 June** for grades 4 – 10 (including year 3 students born in 2000). This is an opportunity for our students to compete for their house to see if French or Tulloch will be named the champion athletics house for 2009. All parents and friends are welcome to come and support all students in track, field, ball games and relay events. The event program has been attached below.

Time	9 years	10 years	11 years	12 years	13 years	14 years	15/16 years
9.00am	200M LONG J	200 metres FINALS 15/16 Years to run first followed by 9 – 14 Years					
9.30am		LONG J		SHOT P			DISCUS
10.00 am	All Sprint Heats					SHOT P	
10.30am		SHOT P	LONG J	DISCUS	400 metres FINALS		
11.00am	SHOT P		DISCUS	LONG J	100 metres Heats		
11.30am		DISCUS	SHOT P		LONG J		
12.00pm					SHOT P	DISCUS	LONG J
12.30pm	ALL AGES SPRINT FINALS						
1.00pm	PRIMARY BALL GAMES				DISCUS	LONG J	SHOT P
1.30pm					TRIPLE J	TRIPLE J	TRIPLE J
2.00pm	ALL AGES RELAYS						
2.30pm	CLEAN UP AND PRESENTATION						



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### Academic Competitions

**IMPORTANT: One slip per child please.**

I would like my child \_\_\_\_\_

Of Year \_\_\_\_\_ to participate in the following competitions:

Competition	Cost	Sitting Date	Year	Payment Closing Date
ICAS Mathematics	\$6	19th Aug	3-7	29th July

Total enclosed: \$.....

Signed:.....

**Tuckshop News - HELP** is still required for Friday, even if you can help out for an hour or so. All help is appreciated. Please contact *Karran* on *4698 2031*

### P&C News

Congrats to the Student Council for the organisation of Friday nights Disco, A Job well done. Don't forget P & C Meeting tonight at 7.30pm in the Admin building. See you there.

Justin Simpson (president)

**Tuckshop  
Group 2  
17 June**

**Workers**

Karran Simpson

Julie Proud

Carolyn Asher

Melissa Eldridge

Jenny Finch

**Suppliers**

*Patty Cakes*- Dale Kerans

*Slice*- Sue Sullivan



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